## **Two Poems**

## By John Berger

## **Merton's Time Management System**

Some "things" must be done each day! Awake and up at 2:30 - Vigils -Hello to God in the stillness of pre-dawn Meditate! Essential essence of a hermit's life! Fully alert for dawn and sunrise Lauds Read, reflect, journal, write

Say "no" to the trivial "No" to the Prefaces, "No" to Reviews "No" to letters "No" to technology "No" to death "No" to whatever gets In the way of prayer!

"Yes" to good "Yes" to art

"Yes" to life

"Yes" to God in the natural play of Light and Dark.

Down to the Abbey once a day Mass and meals -Soul and body Eucharist! Rest, reflect, walk, meditate -Monk's work - prayer! Chop wood! Carry water!

Prayer is Love and Love is Prayer - mantra -Journal write/right thoughts -Thank God for Gifts of Life This Day!

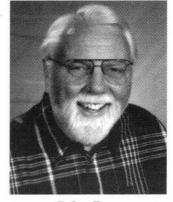
To bed with Compline dusk No need for lights, late nights Not nature's way unless stalking -No need to stalk silence Dusk is time for quiet bedding -Copy the deer and quail. Manage time - no way! Can't package Make day/night sacred and Time exaults!

## **Tension**, Thomas, Tension

Cool it man! Paradox is pleasure! Cambridge or Columbia? England or U.S.? Communist / Capitalist? Medieval or modern? Latin or English? God or godless? War or peace? Peace but at war with self! Silence or shouting? Solitude or society? Observer or participant? Hermit or activist?

Celibate or "S"? Gethsemani or Chile or . . . Alaska or California or Bangkok or . . . Authority or self? Abbot or me? No choice about Jesus. Life or death - too hot to decide! Just plug in the fan and . . . Cool it, Thomas. Paradox is pleasure!

**John Berger** is a teacher in Sacramento, California. He has recently published *The New ABC's: Education Reform and the Arts, Business, and Community* for the California Legislature. He has also written about the 100 years of Benedictine presence in Tanzania for the Alliance for International Monasticism (AIM). AIM sponsored the Bangkok conference Merton was attending when he died.



John Berger