

# Little Rule for a Minor Hermitage

By Bonnie Thurston

Greet the day with thanks  
for safety through the night.  
Rekindle and nurture the heart's fire.  
Care for life on this bit of land.  
Work; pray; rest.  
Avoid judgement.  
Do no harm.  
Think about what matters.  
Eschew the trivial.  
Attend to the body.  
Welcome guest and stranger.  
Take what comes with gratitude.  
Give what is needed with gladness.  
Greet nights with courage.  
Review the day for small joys  
overlooked in living it.  
Then, trust the darkness.

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**Bonnie Thurston**, founding member and former president of the International Thomas Merton Society, recently edited *Merton & Buddhism*. Formerly William F. Orr Professor of New Testament at Pittsburgh Theological Seminary and the author of numerous books on scripture, the early Church and spirituality, as well as two collections of poetry, she now lives in solitude in a very minor hermitage in West Virginia.



**Bonnie Thurston**