

Registration is limited. Payment plans are available.

For more information please contact
Beverly at (856) 869-3127.

Fees: **Single occupancy 7 nights with full program,
half day excursion, two meals daily- \$2,690**
**Shared occupancy 7 night with full program,
half day excursion, two meals daily- \$2,340**

*Unable to attend the entire pilgrimage? Join us for the
Retreat Intensive to celebrate the feasts of Saints and Souls:*

Single occupancy 4 nights -(10/31 to 11/4) Intensive and two meals- \$1550.00

Shared occupancy 4 nights- (10/31 to 11/4) Intensive and two meals- \$1350.00

Number of seekers applying to attend the Intensive only may be limited - register early for this option.

Prices based on current exchange rate. Travel insurance strongly encouraged.

Not included - airfare, local travel to Assisi from airport, extra excursions, personal gratuities and lunches.

**A \$500 registration deposit is due upon registration
to hold your accommodations.**

Payment plans are available, please inquire.

Final payment due October 14, 2015.

Call to pay by credit card or make check payable

to **Lourdes Medical Center** and mail to:

Lourdes Little Portion (Assisi 2015)

Attn: Marianne Hieb, RSM

1049 Haddon Avenue, Collingswood, NJ 08108 USA



About Your Facilitators:

Jonathan Montaldo, retreat and workshop leader, Thomas Merton scholar, General Editor of the Fons Vitae Thomas Merton Series, creator of the ten-book series Bridges to Contemplative Living, editor of volumes of Merton's writings, former president of the International Thomas Merton Society, and past Director of the Thomas Merton Center at Bellarmine University. His recent work *We are Already One* celebrates Merton's Centenary.

Marianne Hieb, RSM, MFA, ATR, D.Min, artist, art therapist, retreat and spiritual director creates and facilitates the Spirituality, Creativity and Wellness programs through Lourdes Wellness Services. Author of *Inner Journeying through Art- Journaling* and creator of the Encirclings sculpture series, she is a Sister of Mercy.

Helen Owens, OSF,MSN, D.Min, INC- nurse, missionary, former Vice President of Mission for Lourdes Health System, and founder of Lourdes Wellness Center integrates wholistic spirituality and wellness into her spiritual ministry and Integrative Nurse Coaching practice at Lourdes Wellness Services. She is a Franciscan Sister.



Lourdes Wellness is a division of Lourdes Health System

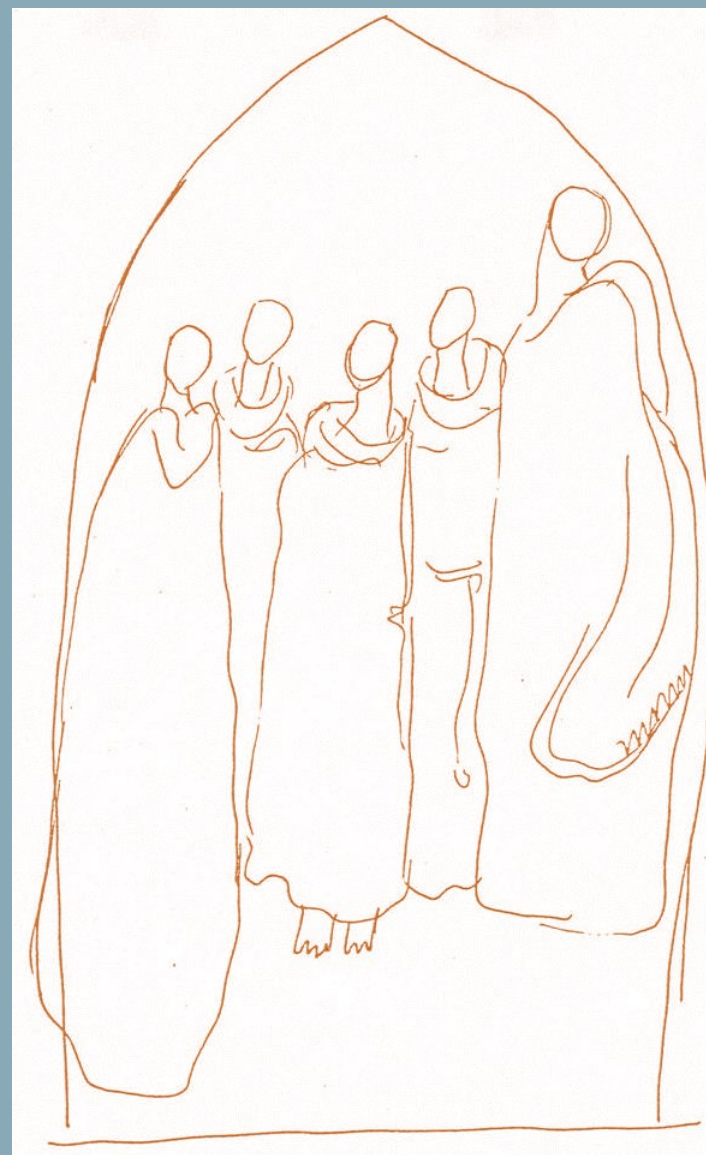
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OUR SIXTH ANNUAL ASSISI EVENT:

A Thomas Merton Centenary Pilgrimage Retreat in Assisi, Italy

October 28 to November 4, 2015



**Visit www.LourdesWellnessCenter.org
or call (856) 869-8190 and ask for Beverly.**

Join Jonathan Montaldo, Marianne Hieb, RSM and Helen Owens OSF for eight days in Assisi, Italy. We explore together the songs of creation and of friendship through the lens of the spirituality of St. Francis and its confluence with themes from Thomas Merton, in the sacred landscape of their spirit and legacy.

This retreat and intensive is a Merton Centenary Event; a gathering to celebrate the one hundredth birthday of Thomas Merton, monk and mystic, and to spend contemplative time in the land of one of his many spiritual influences.

In community and in solitude we will celebrate these two seekers in the beauty of the Umbrian countryside, and in a season leading to the holy feasts of All Saints and All Souls.

Core themes will weave through our time together.

We pilgrims will wander through the streets and vistas of Assisi noticing the parables revealed in our own prayer, insight and contemplative gazing.

As we approach the great feasts of All Saints and All Souls, our focus will deepen to themes of friendship and companioning.

Elements of our pilgrimage include: the Retreat/Intensive program, a dedicated meeting room, daily retreat prayer, presentations on the day's theme, a late afternoon group gathering, and evening prayer. A half-day visit by van to sacred Franciscan sites is also included.



Our daily schedule is characterized by spaciousness.

Group gatherings will be balanced by time in the late morning and afternoon to wander, exploring the streets and the vistas, the great basilicas and the simple alleyways of Assisi.

SAMPLE DAILY SCHEDULE

7:00 to 8:30 a.m. -Buffet Breakfast

9:00 a.m. -Morning Prayer-staff

9:30 a.m. -Theme Context-Jonathan
Contemplative wandering-open time

Lunch on your own

1:30 p.m. - Optional Creativity Journaling – Marianne
or Wellness Journeying-Helen

5:00 p.m. - Optional Merton Moments with Montaldo- Jonathan

6:00 p.m. - Retreat Gathering-shared group wisdom

7:15 p.m. -Dinner

9:15 p.m. - Evening prayer-staff

In addition to the core schedule, optional opportunities are available:

- Work with creative materials and/or journaling with Marianne Hieb, with an emphasis on the black and white calligraphic mark- making that characterized Merton's visual expression.
- Discuss the ongoing invitation of wellness spirituality with Helen Owens and make personal application in the land of peace and praise.
- Schedule "Merton Moments with Jonathan Montaldo" for private consultation exploring Merton themes of personal interest or research.

Our retreat and Intensive will be hosted at Hotel Giotto, a site with a breathtaking view of the valley, exceptional cuisine and situated near the Basilica of San Francesco. A delightful breakfast buffet and fine dinner of typically Umbrian fare are provided daily.

Visit online at www.hotelgiotto.it

As we wander through our days, may we catch glimpses of the coming together of St. Francis of Assisi and Thomas Merton; these pilgrim souls who lived in divergent but parallel times; individuals who somehow united and inspired a following far beyond their scope, and the limited hill towns and monasteries of life.